



imagine

**Health Happens *in Communities:*
*Integrated Community Granting***

Annual Report July 2015



northern health
the northern way of caring

Integrated Community Granting: Population Health in Action

The integrated approach to community granting began with the release of Northern Health's Strategic Plan for 2009 - 2015. The slogan "the northern way of caring" was launched.

What is Population Health?

Population Health is an approach that aims to improve the health of the entire population and to reduce health inequities amongst population groups. In order to reach these objectives, we act upon the broad range of factors and conditions that have a strong influence on our health.

Health is a capacity or resource rather than a state, a definition that corresponds with the notion of pursuing one's goals, to acquire skills and education, and to grow and develop to one's potential. This broader notion of health recognizes the range of social, economic and physical environmental factors that contribute to health. The best articulation of this concept of health is "the capacity of people to adapt to, respond to, or control life's challenges and changes" (Frankish et al., 1996).

We acknowledge and thank the following for their commitment to healthier communities, and prevention of chronic disease and injuries:

- Dr. Sandra Allison, Chief Medical Health Officer - Population and Public Health
- Kelly Gunn, Vice President - Primary & Community Care & Clinical Programs
- Dr. Margo Greenwood, Vice President - Aboriginal Health
- Ciro Panessa, Regional Director - Chronic Disease Programs
- Barbara Hennessy, Regional Coordinator - Cardiac and Cerebrovascular Services
- Bareilly Sweet, Interim Manager - Acute Mental Health & Addictions Services
- Lesley Cerny, Regional Coordinator - Blood Borne Pathogens
- Many Northern Health staff and community partners

Kelsey Yarmish
Regional Director, Population Health Programs

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Introduction

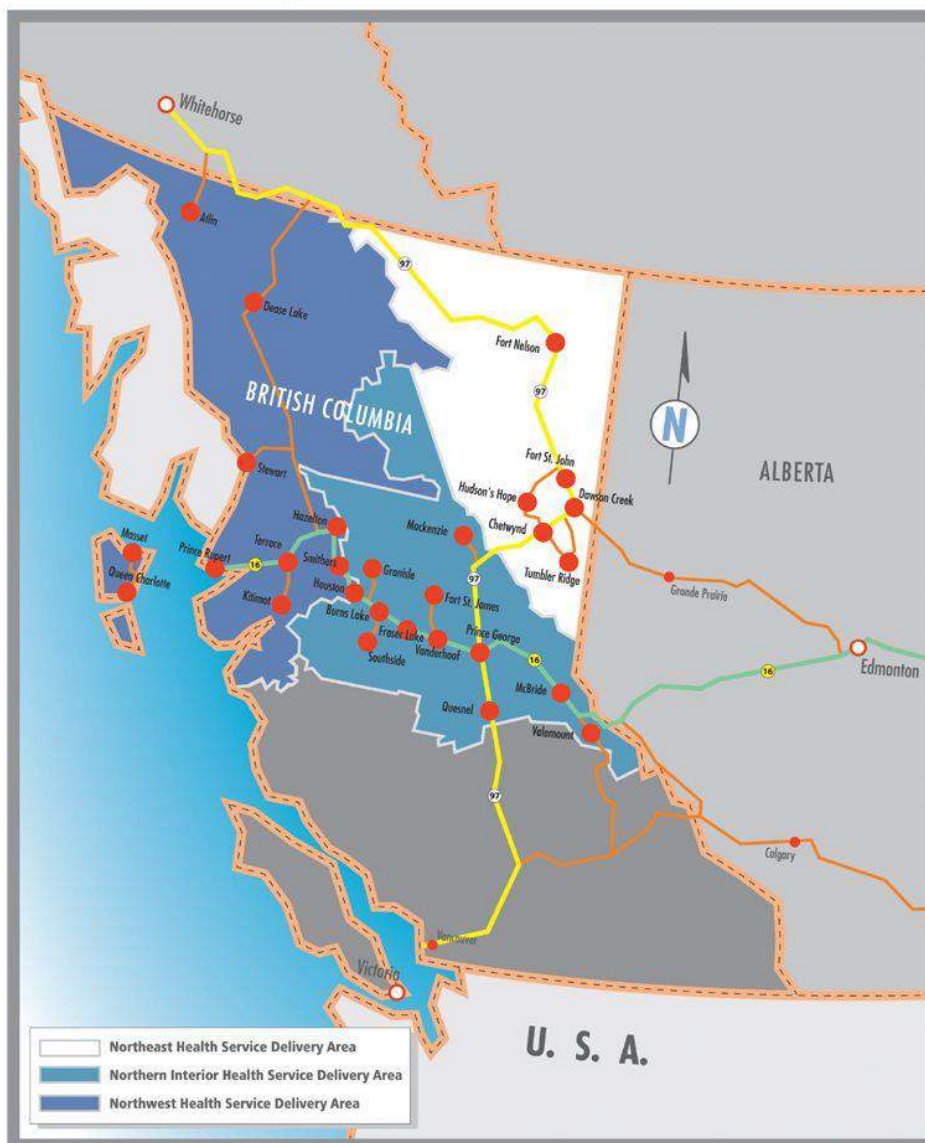
This report presents an overview of projects funded through Northern Health’s integrated community granting process. Integrated community granting comprises a unique approach to supporting prevention and health promotion efforts in northern communities, where communities drive locally designed health initiatives.

Quality Improvement

While integrated community granting is a strategic approach, the work is framed in quality improvement. We are working to ensure the community granting process continuously improves. Additionally, Northern Health supports the sharing of stories and successes from the innovative and effective work undertaken by communities. This provides opportunity to highlight the quality of community initiatives being undertaken across the north.

Health Happens in Communities - 2015 IMAGINE Legacy Grants

In 2015, 88 projects were funded through the IMAGINE Legacy grants. This report presents brief overviews of each project. Northern communities are resilient and innovative; these efforts contribute significantly to an overall shared goal to improve the health of northern people, families and communities.





West Moberly First Nations - West Mo Kids club (2014 - Moberly Lake)

Northeast HSDA

CHETWYND

Chetwynd Public Library - Chetwynd to Chetwynd Community Fitness Challenge (\$6,800)

Participants in the challenge will walk from Chetwynd, BC to Chetwynd, ON (3,821 km) from January through May 2015. Individually and collectively, participants will set SMART goals and develop ongoing motivation plans to increase their success.

DAWSON CREEK

Dawson Creek Harm Reduction Committee - Developing Community Capacity for Infection Prevention & Harm Reduction (\$6,000)

This committee acts as a hub for community service providers to address harm reduction related issues, build community capacity for the prevention and transmission of HIV/AIDS, provide education, and develop ideas to promote a healthier Dawson Creek.

School District 59, Peace River South - Nordic Ski Initiative (\$3,000)

School District 59 will provide their district schools with access to equipment and ski instruction to promote physical activity through Nordic skiing. Teachers will be encouraged to schedule skiing with their classes.

Dawson Creek Alliance Church, Meals to You Group - Nutritious, flavorful meals at reasonable cost (\$3,000)

Active seniors gather weekly to prepare and freeze affordable healthy meals for other seniors. This funding will support a freezer to safely store these meals.

FORT NELSON

Northern Lights College Student Council - Come Hungry Leave Happy (\$4,130)

Bi-monthly engagements will focus on encouraging healthy eating and active living, building food skills, education about stress, disease prevention, wellbeing, and creating a sense of community within the college. This project supports all students, in particular 1500+ oil and gas workers being trained annually.

FORT ST. JOHN

Northern Environmental Action Team (NEAT) - Food Secure Kids (\$3,000)

Students and families will learn about local food security issues and healthy eating by hands-on engagement at the local community garden via growing, harvesting, and preserving foods.

HUDSON'S HOPE

District of Hudson's Hope - Hudson's Hope Geocaching (\$2,480)

Sedentary behaviour will be reduced and physical activity opportunities increased in this community through ongoing, fun, inexpensive, and low-stress outdoor activity for all ages and physical abilities. Geocaching is a self-guided, outdoor, and easy to start "high-tech treasure hunt".

Hudson's Hope Ski Association - Ski Hill Rental Equipment Purchase (\$3,000)

This project will raise awareness of the new ski hill and make skiing more accessible to families in Hudson's Hope and surrounding communities. Partnering with Powder King to purchase rental equipment will lower cost barriers to winter sports.



The Robson Valley Community Learning Project - The Open Gate Garden, Phase 2 Expansion (2014 - McBride)

Northern Interior HSDA

BURNS LAKE

Wet'suwet'en First Nation - Wet'suwet'en Healthy Community Program (\$6,000)

This grant will support the development of relationships with other organizations and professionals, who may promote and educate toward healthier lifestyles.

FORT FRASER

Nadleh Whut'en First Nation - Push, Pull or Drag an Elder (\$5,000)

This initiative focuses on building relationships between elders and community health staff. Elders will be engaged and supported to become more physically active. All generations will be encouraged to be outside and active.

FORT ST. JAMES

Fort St. James Peer Support Group - Fort St. James Wellness Community Garden (\$5,668)

Working together in this supportive environment builds skills, increases physical activity, creates accessibility, connectivity, purpose, and a sense of self-worth as people rebuild their health.

FRASER LAKE

Village of Fraser Lake - Cross-Country Ski for Health & Wellness (\$4,950)

The health promotion goal is to have a healthy community year round, spending the winter months being more physically active, and coming together as a community for overall health. Cross country skiing is recognized as a sport for all ages.

GRANISLE

Village of Granisle - Healthy Granisle (\$4,500)

The Village will promote healthy eating and active living, encouraging a supportive community environment, and encouraging healthy eating and increased participation in regular physical activity.

KWADACHA

Kwadacha Nation - Kwadacha Health and Wellness Group (\$2,000)

This project continues to build on the local community kitchen model developed under the Availability of Produce Initiative. Education will be made available for cost-effective healthy cooking, menu development, family meal planning, and shopping.

MCBRIDE

The Robson Valley Community Learning Project - The Open Gate Garden, Phase 3 (\$2,000)

This multi-sector partnership promotes healthy eating and active living through community gardening. The program will utilize community development methods to engage vulnerable people and provide opportunities for social inclusion in a safe public space.

Village of McBride - Play It Safe (\$2,943)

Fibar, an engineered product designed to minimize serious injuries from playground falls and provides a stable surface for accessibility, will be purchased and installed providing a safer environment.

MCLEOD LAKE

McLeod Lake Indian Band - Harm Reduction Through Cultural Revitalization (\$2,500)

A harm reduction approach will be used to focus on the revitalization of Tse'khene culture through art and physical activity. A preventive approach will address the negative impacts of problematic substance use through culturally relevant activities that promote health and wellness.

PRINCE GEORGE

Aboriginal Business and Development Centre- Healthy Eating & Staying Fit on a Budget (\$4,705)

This project will support people and families to live healthier lifestyles and develop both financial and health literacy, while learning about the transmission of blood-borne pathogens, such as HIV and Hepatitis C.

BC Wheelchair Basketball Society (Vancouver) - Wheelchair Basketball Integrated Schools Program (\$3,400)

This project will raise awareness and engagement of wheelchair basketball as an integrated sport for all children, with or without disabilities. Fun, inclusive activities will also build physical literacy.

Canadian Diabetes Association - "Walk and Talk", An Activity-Based Program for Diabetes Self-Management (\$4,600)

This program begins with an introductory workshop on the principles of prevention and chronic disease self-management. Participants meet in various locations for presentations followed by a walk-and-talk to answer questions in a relaxed, social, and active context.

Centre for Learning Alternatives, Teen Moms Program - Teen Moms Moving and Learning for Life (\$4,500)

Young moms will be supported to be healthier through personal fitness, health, and mental wellness while learning to become positive role models for their young children. A "Teen Mom Physical Activity Family Resource Kit" will be developed and utilized to increase engagement and build capacity for their future.

Central Interior Native Health Society - Pediatric Clinic/Head Injury Prevention (\$750)

The clinic will provide vouchers for bike helmets that can be redeemed with the PG Brain Injury Group.

The Child Development Centre of Prince George and District Association - The Adapted Swimming Program (\$2,500)

This is a unique opportunity for children to actively participate in a safe, social, and inclusive environment to build core strength, overall fitness, and increased flexibility. Supportive environments increase participation in physical activity.

The College of New Caledonia (CNC) - Dream Hunters Run/Walk Group (\$4,400)

CNC's Aboriginal Resource Centre staff and students will establish a walk/run group to improve students' short and long-term goals of improved physical, emotional, and educational health. Additionally, this activity will foster positive relationships between the CNC Aboriginal students and the broader school community.

Edgewood School - Walk in the Winter Days (\$4,500)

Students will explore accessible winter sports. Families will be encouraged to join the activities.

Foothills Elementary School PAC - Foothills Playground Project (\$5,000)

The goal is to encourage physical activity for all members of the community by installing soccer goal stands, as well as an intermediate playground structure.

Hart Highlands Elementary School PAC - Outdoor Classroom Legacy Project, School Garden

Teachers will utilize the outdoor garden to support and promote healthy lifestyle choices with students. Children will increase their physical activity and overall health and wellness while learning about the science of growing their own food. The community surrounding the garden will also be invited to connect and participate.

Kids Helping Kids Steering Committee - Sustaining Kids Helping Kids (\$4,100)

Continuing to use the “family of schools” model, the partnership between the City of Prince George and School District 57 will work to sustain the Kids Helping Kids program to promote healthy eating, active living and school-based youth leadership to provide opportunities encouraging all students to live healthier lives.

Pineview Recreation Commission - Pineview Youth Baseball (\$1,000)

With the purchase of new equipment, parents and children will work as a team being active together and building a strong and physically active community.

Prince George Cycling Club - CAN-BIKE Instructor Training (\$5,000)

Volunteer instructors will be certified to deliver the CAN-BIKE program on a regular basis, increasing the ability of residents to ride safely and be comfortable in traffic, while building capacity for increased commuter and recreational cycling in a northern urban setting.

Prince George Native Friendship Centre - JR LaRose Community Presentation, PGNFC Health Fair (\$5,000)

JR LaRose, a CFL football player with the BC Lions, will be a featured speaker at the PG Native Friendship Centre's two-day community health fair, with a focus on the role of substance use in his life, his work to “de-glamorize” drug use, and the impacts on his own life.

Provincial Health Services Authority, BC Cancer Agency Prevention Programs - Women's Wellness Day (\$3,500)

This project uses a settings approach to create a comfortable environment for aboriginal women to engage in screening and increase their access to health services. The focus will be on screening, healthy eating, and increasing physical activity to support healthier lifestyles.

Spruceland Traditional Elementary School - Bike Team 2015 (\$2,000)

Through bi-weekly practices, students will gain the confidence and skills needed to bike regularly in their daily lives. The bike program is aimed at building their biking confidence, teaching them how to safely navigate roads, and encouraging a life-long love of biking.

Tabor Mountain Recreation Society (TMRS) - Motivating A Community (\$5,630)

TMRS will use an ecohealth approach to build a healthy, vibrant community, partnering to increase public involvement in local recreational activities. Families and people of all ages, physical abilities, and circumstances will be encouraged to participate.

UNBC Health Sciences - Mobilizing Youth to Make A Difference, HIV Awareness and Education Conference (\$5,000)

UNBC students will utilize a train-the-trainer approach to raise awareness, mentor, and mobilize high school students to build community connectivity and partnerships. By leading events related to mental health and addictions, UNBC faculty, researchers, programs, and students aim to make a difference.

Van Bien Elementary School - Ice Blazers (\$3,480)

Students will be supported in an inclusive setting focused on teamwork, cooperation, and training to reduce injuries while building healthy relationships in their school community.

YMCA of Northern BC - Clara Hughes, Imagine You Can (\$5,255)

Clara Hughes, as the first Canadian to win medals at both the Summer and Winter Olympics, will be virtually connected to schools across northern communities, inspiring kids to achieve health benefits from active living, reach for their dreams, and the importance of reducing cost barriers to sports.

QUESNEL

Bouchie Lake & Parkland Recreation Commission - Winter Daze Garden Project Phase 1 (\$750)

Seniors and youth will work together to grow root vegetables, served at local Winter Daze activities in the community. The purpose is to raise awareness about food security, supporting local foods, promoting healthy choices, and improving quality of life through healthy eating and active living.

City of Quesnel - Seniors' Health Screening (\$4,450)

Seniors Walking Program, launched in 2012 by the Healthier Communities Committee, has become a proactive way to support seniors to be more active, monitor their health, and gauge the benefits of increased activity.

Quesnel & District Child Development Centre - Quesnel Baby Friendly Initiative (\$1,500)

This free train-the-trainer breastfeeding course will be available to anyone in the community interested in learning how to support breastfeeding.

Parent Child Resources Team - Quesnel Accessible Playground (\$5,000)

Children with physical disabilities are currently unable to access city playgrounds. Local organizations will work together to ensure an inclusive, accessible playground for all children.

Kids Kare Centre - Snowshoe Away the Winter Blues (\$2,812)

Snowshoes will be purchased and used to promote healthy outdoor winter physical activity for preschoolers. This project's legacy will be the ongoing opportunity to promote healthy outdoor winter fun for preschoolers.

Cariboo Ski Touring Club - Youth Nordic Ski Camp (\$1,010)

This camp will focus on keeping youth engaged with cross-country skiing, to reduce sedentary behaviour, and maintain involvement in healthy activities.

Quesnel Complete Health Improvement Program (CHIP) - CHIP (\$2,000)

Participants will learn about healthier lifestyle choices through a supported goal setting, progress measurement, and maintaining motivation. Healthy eating, daily active living, stress reduction, and building support systems will be explored.

SOUTHSIDE

Southside Health & Wellness Centre - Community Gardening & Greenhouse Group (\$2,000)

This project focuses on growing healthy food, increasing vegetable consumption, increasing physical activity, improving mental health and life skills, reducing the cost of eating well, building food preparation and preservation skills, and the importance of working together to become healthier.

TSAY KEH DENE

Tsay Keh Dene Band - Fit and Well After Care (\$2,455)

To increase the success of this community's various health camps, this project will support former participants to continue to eat healthier, be more physically active, and maintain healthy weights.

VALEMOUNT

Canoe Valley Community Association - Active Living Kids (\$4,140)

Valemount youth will be engaged through various community groups to enjoy outdoor play. Keeping children active and healthy, and encouraging families to participate will help 'bring back play' and create a supportive environment for a healthier future.

VANDERHOOF

District of Vanderhoof - Vanderhoof Seniors Fitness Project (\$2,505)

The District is focused on reducing negative health outcomes for seniors. Seniors will enhance their mobility, flexibility, and balance through low-impact socially connected exercise and increased participation in the existing "Senior's Connected" classes.

Nechako Valley Historical Society - Men's Shed Facilities Project (\$8,000)

The Vanderhoof Men's Shed will provide a location where men gather. The goal is to create a connection space and support system for all men experiencing difficulties that affect health and well-being.

WELLS

Wells and Area Trails Society - The Wells Meadow Trail Rescue Project (\$1,686)

This work will ensure the Wells Meadow Trail remains safe, accessible, and open for extended seasonal use in areas prone to flooding. These goals are considering how injuries will be minimized, and that activity and health improvements may be accessed through outdoor activities.



Prince Rupert RCMP - Long Board Safety (2014)

Northwest HSDA

DEASE LAKE

Dease Lake School - Dease Lake Disc Golf Course (\$4,400)

The Dease Lake School is interested in student engagement with the low-impact, minimal equipment sport of Ultimate Frisbee. The goal is to install a Disc Golf Course that will be accessible to the entire community, during and outside of school hours.

Dze L’Kant Friendship Centre Society (Smithers) - Healthy Mothers/Healthy Babies Community Kitchen (\$3,000)

This health promotion project aims to support pregnant women and new mothers in physical activity and acquiring food preparation skills, improving their food security.

HARTLEY BAY

Gitga’at First Nations - Gitga’at Mobile Diabetes Clinic (\$6,000)

The Gitga’at First Nation will bring in a mobile clinic with health professionals to provide medical testing (retinol eye exams, kidney function tests, lipids, and A1C), help raise awareness of the symptoms of diabetes, and provide education on the risks and benefits of managing the disease through foot care, nutrition, physical activity, and medications.

HAZELTON

Hazelton Secondary School - Gitxsan Dance and Clean Living Youth Program (\$2,500)

Students will learn from traditional Gitxsan dance instructors and be encouraged to incorporate their own contemporary interpretations with traditional dances to rebuild dance culture. Additionally, students will be encouraged to focus on healthy lifestyles by eating local foods, and avoiding tobacco and other harmful substances.

Majageleehl Gali Aka Elementary (formerly John Field Elementary)

- ***Building School and Community Connections (\$4,680)***
Explore new ways that the school can be used to support positive community and family relationships in order to create a link between community and public education. A trusted band member will host open gym nights and all of the community will be welcome.
- ***Smoke Signals Drifting Over the 7 Sisters Mountain Range (\$1,700)***
The students are filling an identified gap and using their research, learnings, and artwork to develop a resource about the harmful effects of smoking.

United Church Health Services Society, Starting Smart Pregnancy Outreach Program - Starting Smart Yoga (\$1,600)

Providing inclusive and accessible perinatal yoga classes to the community.

HOUSTON

Houston Hiker's Society - Morice-Klinger Trail Network (\$2,400)

The project will build on the existing trail structure, adding 17kms of additional trails that are safe for use by all ages and close to the town of Houston. This expanded network will increase opportunities for shorter excursions to encourage more residents to enjoy outdoor activity.

Smithers Community Services Society - Youth Fitness Initiative Training (\$2,000)

Local youth will be engaged to earn school credits for activities, while connecting with counsellors, programs, and clubs to remove barriers to participation, and increase their connection with outdoor sports.

KITIMAT

Kick It Up Kitimat (KIUK) - Healthy and Active Kids (\$5,080)

This project links with KIUK's Partnering for Healthier Communities work and a comprehensive whole school approach, to engage teachers and parents to create healthy lifestyle choices (healthy eating, healthy body image, and increased physical activity) for all children.

MASSET

George Mercer Dawson Secondary School - Growing the Food Work Program at GMD (\$2,650)

The food program provides students the opportunity to participate in all aspects of growing, gathering, preparing, preserving, and eating food, as well as exposes students to the diversity of wild Haida traditional foods.

Haida Gwaii Regional Recreation Commission Society - Listen and Learn: Ways of Knowing (\$2,950)

Seniors and youth will come together to experience the natural beauty and cultural history of the islands, weaving together the traditional concepts of living off the land with a contemporary focus on environmental stewardship.

OLD MASSET

Old Masset Village Council, Adult Day Program - Keeping the Tradition Alive (\$1,200)

The project will improve knowledge and education around traditional foods.

PRINCE RUPERT

Conrad Elementary School - Water Bottle Stations (\$2,000)

A water bottle filling station will be installed in the school and water bottles will be provided to all students and staff. The entire school population will be encouraged and supported to refill their bottles and make a healthy choice to stay hydrated.

Friendship House Association of Prince Rupert

- ***Basic Needs for Health Choices (\$5,000)***
This program works with youth to reduce risk, build healthy social connectedness, and increase inclusion in the community.
- ***HIV Prevention and Awareness Through Participation (\$5,000)***
This project will promote HIV prevention and engagement by learning more about harms, risks, and types of prevention measures through organized/scheduled recreational events.

City of Prince Rupert, Jim Ciccone Civic Centre - Aging Well (\$1,200)

Seniors will be engaged in a supportive environment to learn more about healthier lifestyle choices that reduce the risk of disease and injury. Social connectedness, increased physical activity, healthy eating, minimizing risks for falls, and refraining from tobacco use are key factors that will be covered.

Pacific Coast School - Fit for Life (\$1,580)

This project will engage students to explore opportunities to be physically active and eat healthier foods.

Prince Rupert Middle School - Activities for Better Learning (\$2,975)

To create a supportive, calming environment for students.

Prince Rupert RCMP - If You're Going to Play...Protect the Brain (\$3,225)

The RCMP will continue to build on the successes of their 2014 helmet project, to change the mind-set of the entire town. They have set a goal for 2015 to see 75% of people riding skateboards, longboards, and bicycles on the streets and sidewalks of Prince Rupert wearing helmets.

Roosevelt Park Elementary School - Dance to Fitness (\$2,975)

This project will provide an opportunity for students to participate in physical activity, by providing a supervised dance program during instructional time and at the noon hour.

The Salvation Army

- ***Healthy Alternatives for Daily Living (\$2,000)***
In order to reduce the risk of developing heart disease and stroke through important lifestyle choices, this 6-week program will target anyone in a household that is responsible for meal planning or preparation, and will include a physical activity component.
- ***Prevention, Awareness, and Support of Cardiovascular Disease (\$2,250)***
This project will partner with the NH Health Promotion Program to focus on physical inactivity, nutrition, tobacco use, and alcohol consumption.

QUEEN CHARLOTTE

Village of Queen Charlotte - Bike Safety and Repair Program (\$3,146)

This project supports community partnerships and physical activity by encouraging increased use of the community's new outdoor park and recreation area, allocating space to sustain Bike RePsych's work focusing on recycling and bike safety, while promoting physical activity.

SANDSPIT

Agnes L. Mathers School - Outdoor Education and Local Food Gathering (\$1,500)

Bi-monthly field trips will be planned to encourage students to get outside for physical activity and food harvesting. This project will support positive relationships between older and younger students, and community members will be encouraged to become involved in school activities.

SKIDEGATE

Ngystle Society - Youth Mentorship Program (\$2,000)

The elders will teach cultural workshops to youth, sharing skills and knowledge about traditional crafts and physical activity.

Sk'aadga Naay Elementary School - Sk'aadga Naay Composting and Preserving for Healthy Kids Year Round (\$3,000)

A greenhouse expansion will increase the Farm to School Hot Lunch Program. Students will increase physical activity through gardening, composting, and harvesting food in the greenhouse, as well as by visiting local farms and food sites to gather and preserve local foods.

SMITHERS

Bulkley Valley Cross Country Ski Club, Biathlon Program - Biathlon Mat Replacement (\$2,500)

The Mat Replacement Project will improve the caliber of the Bulkley Valley Nordic Biathlon facility in order to meet the growing number of participants, including the number and type of competitive events the club can host.

Bulkley Valley Learning Centre (BVLC) - Strategies for Success (\$2,800)

BVLC will host a series of monthly workshops for local schools and the entire community. These "Strategies for Success" workshops will help move the entire community toward healthier lifestyles through reducing stress, anxiety, and depression with a focus on healthy eating and active living.

Smithers Secondary School - My Wellness Toolbox (\$5,520)

The Grade 8 Teaching Team has partnered with "Strategies for Success" from BVLC to build sustainable capacity for a cross-curriculum approach for all Grade 8 students to annually design and build a "My Wellness Toolbox," which will have a focus on using wellness techniques to self-regulate personal health and well-being.

Kyah Wiget Education Society

- ***Get Fit Club! (\$3,000)***

The focus of this club will be to increase physical activity and socialization by developing a walking and biking group to build and maintain a level of wellness within the community.

- **Road to Good Health (\$2,000)**
Adults and parents will be engaged to promote healthy lifestyles within their families and community by reducing tobacco use. The goal is to increase tobacco-free zones in school and homes community-wide, by reducing the number of young smokers and increasing their physical activity.

TELKWA

Treehouse Housing Association - Get Outside Families (\$1,080)

Children will help prepare healthy snacks to share with parents while on their outdoor physical activity adventures to explore the forests around the Village of Telkwa. Necessary equipment will be made available so that all parents and children will be included.

TERRACE

Kermode Friendship Society - Kermode Friends Garden (\$1,250)

The project will support safe access to healthy, locally grown foods. Participants will work with staff and be taught how to grow a home garden. Opportunities for sharing, storytelling, culture, and tradition will be encouraged and supported.

Ksan House Society - Seniors' Mid-week Stretch (\$1,700)

Adults aged 55+ will be encouraged to use a graduated approach to physical activity, build knowledge about healthier eating, increase their cooking skills and awareness of food safety, and also plan and cook meals using less processed and packaged foods and more fresh ingredients.

Terrace Child Development Centre - Toddler Dance Party (\$1,000)

Dance parties geared towards families of toddlers (7-months to 3-years) will be hosted to encourage multi-generational participation to reduce sedentary behaviour, increase healthy eating, optimize healthy growth and development of children, and prevent obesity.



Agnes L. Mathers School – Outdoor Education (2014)



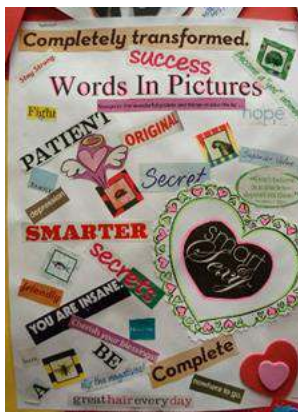
The Exploration Place – Explorers Urban Garden (2014)



Storytellers' Foundation – Backyard Gardeners (2014)



Groundbreakers Agricultural Association – Learning Gardens and Local Food Education Project (2014)



PG New Hope Society – Harm Reduction Safety Kits (2014)



CHAAPS (Cariboo Hoofbeats Assisted Activity Programs Society) – CHAAPS Summer Camps (2014)